



Sing and Play A Pitch and Rhythm

Lesson 01 Getting Started (Musical Pictures)

Warm Up Prepare pitch	Balloons	I have a balloon in my pocket, it's red. Do you have a balloon? What colour is it? Blow up balloon with a zsh sound, arms getting wider into a stretch Hold the balloon and mime it floating up, stretch arm up and sing ooo ascending Let go of balloon, watch it zip around towards the floor, sing zzz descending
Warm Up Prepare pitch	Blue Sky	Demonstrate the song and play the game Imagine a rollercoaster, or car on a hilly road. Move round the room mapping the melodic contour with hands At the end, reach up to touch the blue sky then "whee" down the rollercoaster/hill
Keyboard geography		Count all the white keys - playing them as they count Count all the black keys
Present steps and skips		Step up the white keys, saying step step step Can we step up the black keys? No, there are gaps that we call skips How many skips can you find? They could put a toy in each skip position if needed. Play all the black keys saying step or skip
Keyboard geography	My Keyboard	Introduce their new book and talk through the questions on the My Keyboard page Homework is to colour the picture and answer the questions about their keyboard At home, practise playing the black keys and saying step or skip
Prepare pitch	Stand Up Sit Down	Play the instructions game Sing "stand up" on so-do' or "sit down" on so-do . Move your arms to match the pitch and mix it up.
Prepare pitch	Black Crow	Sing the song with the bird puppet or fingers pinched into a beat shape Create actions . Ideally related to the pitch, but this week it could just a bird dance.
Improvisation	My Musical Pictures	Think of four scenes to draw in the book and then improvise music for each one Ensure they are sufficiently different to identify them - next week we will have to guess which is which Homework is to draw the pictures and practise the music . Reassure that it will sound different each time
Prepare pulse	Cobbler Cobbler	Demonstrate and discuss the song "What's my song about?" Do the large hammer actions together

Red - New

Green - Creative

Blue - Main Homework